

# FAMILY FUN DAY AND SPONSORED FUN RUN 2014



As part of National Fibromyalgia Awareness Day, Invisible Disabilities UK are holding a Family Fun Day and Sponsored Fun Run followed by a "bring your own" family picnic at Victoria Park, Jemmett Road, Ashford on Sunday 11th May at 1pm.

Anyone can take part in the Sponsored Family Fun Run. You can dress up in fancy dress, and can walk, run, hop, skip, jump, crawl, wheel..... There will be prizes for the best fancy dress, the fastest, the most laps, the most money sponsored and most inventive mode of transport! The Fun Run will take part around Victoria Park, All children must be accompanied by a responsible adult.

There will be a bouncy castle and plenty of stalls to browse.

To get your sponsor form and to register please go to our website

[www.invisibledisabilitiesuk.org](http://www.invisibledisabilitiesuk.org)  
or telephone us on 030 30 40 10 50